

SUPER BOWL CHAMPION DAVID TYREE

WITH HOST DON YAEGER

Don's notes and favorite quotes from this episode:

- We all have bad days, but if we don't take time to breathe life back into the person having that bad day, we might lose the inextricable value they contribute.
- Make self-awareness your superpower.
- Transparency is the drawbridge to trust and transformation.

Grind

Grind

Reflection Question: David talks about GRIT, GRIND, and AVAILABILITY defining his NFL

Availability

Storytelling

INCREASE SALES • CAPTIVATE INVESTORS • GROW LEADERSHIP



It is a Universal Truth: Storytellers change the world. They connect with others at such an intimate level that they become the best leaders, the best mentors, the best teachers, preachers, politicians and salespeople. They're even the best dinner guests!

The good news is that the Art of Storytelling *CAN BE LEARNED!*

Your audience can improve their storytelling skills by incorporating fundamental elements and habits. In this live or virtual program you will learn the **Ten Elements of a Well-Told Story** that Don has discerned from research and applied as longtime Associate Editor of Sports Illustrated and an 11-time *New York Times* best-selling author.

