



## **PARALYZED TO POWERFUL: ROBERT PAYLOR**

WITH HOST DON YAEGER

### *Don's favorite quotes from the episode:*

- Why should we wait until we lose something to show appreciation for it? It is really important to take a mental inventory of everything we have now. Bookend your day with what you are grateful for.
- I'm tired... but compared to what? I'm having a tough day... but compared to what? Instead of making the problem at hand into a giant, looming issue, that three-word phrase reduces its power. It's not meant to dismiss the challenge that you're having, but when you use perspective it makes it something you can overcome.
- Some of us may never face a truly life-altering circumstance—but even without such dramatic experiences, we can still choose empathy. And when our empathy is sincere, it becomes a bridge that connects our emotions to the struggles of others.

**Reflection Questions:** Are you approaching setbacks with a “Why me?” attitude—or are you shifting your perspective to ask, “Why not me?”

When was the last time you led with empathy by uniting your emotions with someone else's struggle?

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# STORYTELLING IS THE DIFFERENCE BETWEEN GOOD AND GREAT

The good news is the Art of Storytelling can be learned!

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“  
**Don Yaeger is the greatest storyteller  
in the world today and what he teaches  
will make an impact on your life.**

– John C. Maxwell ”

**When Simon Sinek  
wanted to teach  
storytelling to his  
community he  
called Don Yaeger.**



## SPEAKING TOPICS

- ☑ The Art of Storytelling
- ☑ Individual High-Performance
- ☑ Building Great Teams
- ☑ Servant Leadership

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Check Don's availability:  
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